



As new president

CHOOSE WOMAN



Jacqueline Patricia Robarts

Jacqueline Patricia Robarts, academic vice-president of Humber College, Rexdale, has been appointed president of Niagara College — the first woman president of an Ontario community college.

Miss Robarts, 47, brings to Niagara a rich background in nursing and general education and at Humber was responsible for programming for all full and part-time students.

She is expected to take up her new duties June 1. She replaces Anthony S. Manera, college president from January, 1972, to February, 1978, who left to become principal of Vancouver Community College. She was selected from among 42 applicants for the position.

The appointment was announced by the Board of Governors today.

Miss Robarts became academic vice-president of Humber in January. Before that, as principal of Humber's North Campus for three years, she was responsible for more than 6,000 post-secondary full-time, and more than 10,000 part-time, students.

She was founder and principal of the Osler School of Nursing, Weston, Ont., from 1966 to 1973. When nursing education was transferred to colleges of applied arts and technology, she became director of the Humber Osler campus for one year.

Miss Robarts has also held the

posts of director of nursing for the Public General Hospital, Chatham, Ont., and administrative assistant to the director of nursing, Hamilton Civic Hospital, Hamilton, Ont.

The new president is a native of Windsor, Ont., a graduate of the University of Toronto Nursing School, and a candidate for M.Ed. in Adult Education with the Ontario Institute for Studies in Education, University of Toronto.

Miss Robarts holds a Certificate in Christian Education from the Moody Bible Institute, Chicago, Ill. She received her basic nursing training at Hamilton Civic Hospitals School of Nursing, Hamilton, where she was awarded the Board of Governors Scholarship for outstanding ability in the nursing course, the surgical nursing award, and the award to the student contributing most to the welfare of the class. Miss Robarts received the degree Bachelor of Nursing Science cum laude in 1961.

Wanna buy a wife?

By GAIL SHAFER

FOR SALE: Standard, immaculate condition, 4,000 miles. A-1 mechanically, loaded with options, white with carrot top, long wheel bases, excellent shocks, no rust, only one owner, ideal for wealthy, deaf executive, service records available, reasonable. Serious inquiries only. Call 738-7432.

This want ad elaborates — just a trifle — on a real ad posted on a bulletin board in the Black Walnut building.

Niagara College bulletin boards serve a useful purpose for the sale of cars, motorcycles, furniture, guitars and, as in the case above, — even wives.

Alas, if this is the kind of wife you're seeking, be prepared for disappointment. The phone number is fictitious.

Peeper frightens students in Simcoe washroom

By SANDY MACDONALD

Three students from the second floor of the Simcoe building have reported being spied on while in the cubicles of the women's washroom. This has been going on since the middle of February.

The three — two fashion arts and one journalism student — agree that it was a "really creepy experience." They are not certain whether the intruder was a man or a woman and their descriptions of the person they glimpsed have some discrepancies.

They feel the washroom is in a

very isolated area, where it would be easy for someone to wait. The washroom is at the end of a hall where there "isn't much traffic," the journalism student said.

Another student said, "Whoever it is must be stationed on this floor, and can watch anyone enter the washroom. He/she must be waiting on the landing."

One of the girls, a fashion arts student, said she was in the washroom cubicle about three weeks ago when someone peered at her from over top of the cubicle walls.

She said she had entered the

washroom, heard shuffling around but saw nobody, and looked for feet under the bottom of the cubicle. She didn't see any and so forgot about it.

Moments later she looked up because of the shuffling and saw a brown head of hair disappearing quickly.

"First of all," she said, "I thought it was someone tall."

When she was leaving the cubicle she again checked for feet and there still weren't any there. Then she figured someone had been standing on the toilet.

"I couldn't believe it," she said, "so I kept my mouth shut."

It was at a time of day when there were a lot of students around. "The lounge was full. I was going to say something, but they'd think you're kind of crazy."

So she didn't tell anyone.

A second fashion arts student had the same thing happen to her on Holy Thursday, before the three-day-weekend.

She said she didn't hear anything when she walked into the washroom.

She heard someone come into the washroom but when she looked for feet, there were none there.

"This made me look up," and there was someone there.

"All I saw was light blonde hair and glasses." She looked down again and saw "blue and white running shoes and blue jeans."

She said to the person in the next stall, "I hope you got your thrill!", then left.

TOLD OTHERS

She came back to her class and told some of the students. This is when the first girl heard about it and told her story.

Marie Bramble, fashion arts

See "Peeper" pg. 2



From left to right, Bill Woods, Debbie Cole and Irene Elliot participate in a human relations case study during Labs '78 April 4. The seminar was the first occasion graduating business students and advisory committee members had ever interacted. Mrs. Elliot, an adviser, is the personnel manager of Rosbergs Department store in Niagara Falls. (Photo by Righton)

Sexual bias focus of panel discussion

By PAM RIGHTON

Canadian corporations may be "force-fed" into adopting the United States quota system of hiring ethnic and minority groups if discrimination continues in the work force, said Tony Custode, panel discussion leader at the Labs '78 seminar April 4 at Niagara College.

Mr. Custode, personnel manager of Canadian Carborundum Ltd., Niagara Falls, and a member of the college Board of Governors, was one of five advisory committee members who participated in a panel discussion with graduating students and faculty of the division of applied management.

The topic was the transition from the classroom to the work place, and students were encouraged to ask any questions they had about entering the work force.

A major issue discussed was the discrimination women would encounter on the job. Mr. Custode offered his own personal opinion that Canada may be heading in the same direction as the United States, where points are awarded to companies that hire members of ethnic or minority groups including women.

"The problem of sexual discrimination has not yet been

solved," Mr. Custode said. He suggested that women not take secretarial jobs if they are determined to work in the area they have been trained in.

CAPABLE WOMEN

One adviser associated with Bell Canada said the company had a majority of female executives and that they were "very capable".

Economic, political and social changes occur when the student enters the work force, Mr. Custode said; individualistic goals become secondary to the needs of the company.

"You are no longer Number 1," he said.

The panel discussion ended on a rather sour note when students asked about their employment opportunities.

All five advisers agreed that the general employment pattern was rather bleak at the moment, but urged students not to be discouraged.

The new employee "must be mobile," Mr. Custode said. If an employee is determined, he can work his way back to the area of his choice.

Mr. Custode said he hoped the students would never lose their sense of humor when they entered the work field "because you are going to need it."

By PAM RIGHTON

There is no absolute answer in dealing with a human relations problem in business.

This consensus was reached by graduating business students, faculty and advisory committee members of the division of applied management of the school of business at Labs '78 April 4. About 120 attended.

A case study, part of the seminar, involved a fictitious employee at a paint manufacturing company who was affecting production by habitual absenteeism Monday mornings. Students and advisers were assigned to rooms to discuss the alternatives given in the case study to solve the problem.

Tremendous amounts of interaction resulted among students, faculty and advisers, Ed Zannetti, co-ordinator of industrial management, said.

The Labs '78 seminar was the first time business students and advisory committee members had ever mingled or interacted.

HUMAN SOLUTIONS

A random selection of the groups' decisions showed the majority were oriented towards their human instincts in finding the root of the problem, and not the problem of slow production.

Irene Elliot, personnel manager of Rosbergs Department store in Niagara Falls, participated in a group study and told of how she handled human relations problems in her office.

"Employees will approach their superior with a problem if they know the information will

be kept confidential," Mrs. Elliot said. Listening and listening with interest was an important factor in helping the employee with his problem. She stressed the importance of personnel having a reputation for this.

Employers must also "keep up with the times," Mrs. Elliot said. New problems are arising every day and an older employee must know how to deal with them.

I.E. Noren, chairman of the Applied Management division of Niagara College, opened the seminar in the Secord Room at 1 p.m. with greetings from A.P.

MacIntee, dean of the school of business, who was away at the time.

Each advisory committee consists of five to 10 people in the business field who establish and maintain the curriculum, and provide advice on what emphasis should be placed on the program. The students are then well-prepared to enter the work force, Mr. Noren said.

Mr. Noren expressed thanks to the advisers who showed "tremendous interest in the program" and to students and co-ordinators.

No 'Vacation' for RTV

While everyone else in the college was bundling up wrapping that extra scarf around the neck, the staff of the RTV office were baking in 102 degree Fahrenheit temperatures.

They didn't go to Florida, nor did they go to the Bahamas either. They simply went to work, like any other day.

Larry Taylor, program co-ordinator for radio and television, said the temperature increase in the office was a result of equipment malfunction. The breakdown caused the heating system to revert back to "regular heating" that did not allow proper air circulation in the office.

"It was like a sauna bath in here," Mr. Taylor said. "When you opened a filing cabinet you could actually feel the heat coming out of it."

According to Mr. Taylor, the

same malfunction occurred about six months or a year ago.

Jack Spittle, manager of plant and properties, said this is a difficult time of year to maintain a constant temperature in the buildings. The temperature is changing outside from 45 to 55 degrees Fahrenheit and the boilers cannot be shut down every time the weather gets warm.

"It's the time of year," Mr. Spittle said. "The same thing happens in September."

Mr. Spittle said he was not sure what exactly happened at RTV office since the bill had not come in from Honeywell yet.

The RTV office, located in the Voyageur Block, houses some equipment and tapes, but there was no lasting damage to any of the machines, Mr. Taylor said. "A few of the tapes dried out a little, but nothing serious."

'Peeper'

(Continued from page 1)

program co-ordinator, went immediately to check the washroom, but no one was there.

The second fashion arts student said, "I went through the whole weekend thinking it was a dream."

A first-year journalism student had the same frightening thing happen to her just before the February break.

This girl was in the cubicle when she saw "cheap blue and white sneakers" in the stall next to her.

"Then," she said, "you know that feeling you have when someone is watching you?" This made her look up, and she saw "a head of brown hair disappearing."

"I thought I was imagining it at first."

As she picked up her books, she looked up and saw the head again. This time she shouted, "What are you doing, you pervert?"

"I didn't stop to think," she said. "I just ran out."

She said she thought that whoever it was, was short, and she had the distinct impression that it was a girl.

She told what had happened to her classmates, most of whom laughed, "but they looked for people for me, who were wearing cheap blue and white running shoes."

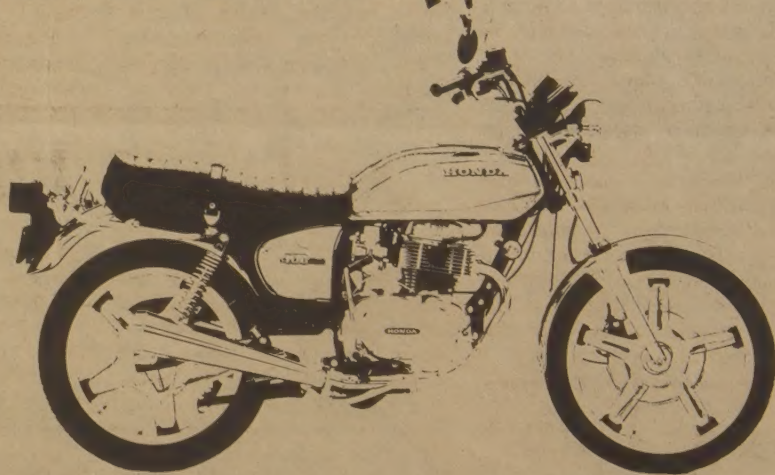
"If I'd stayed and waited for that person to come out, what would have happened?" she asked.

All of these three reported the incidents happened during the middle of the day, when there were a lot of people around.

One of the fashion arts students said when she goes to the washroom now, she goes with other people. "I kick open all of the doors now," she said. "If there is someone in one, in there, I wait for them to leave."

"Whoever it is must be having some real problems," said one of the fashion arts students. "They must be really sick," the other agreed.

SPRING IS HERE



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Pubs up and down

Entertainment costs are the main hindrance to profits of the pubs. Fred Bassi, administrator of the pubs, said the cost of entertainment has increased about 20 per cent while the \$1 cover charge and 65 cent beer prices have not risen in two years.

The Guess Who is playing tonight at a cost of \$1,000 for two 60 minute sets. Most of the bands charge between \$400 and \$800 per engagement.

Pub nights are usually on Wednesdays because lower rates are charged for non-weekend performances.

Lynn Brennan, SAC vice-president of internal affairs, said she did not run into many problems arranging the pubs this year. Only one band, Dennison Stars, cancelled its engagement during the year.

Lynn cited the electrical power made available to the bands as another problem. Power failed twice during the year and poses a threat to every performance. He hopes this problem will be remedied next year with increased power.

Although the final statement is not out, Mr. Bassi thinks the pubs have lost money this year. He feels a break-even point could be reached if one or two of the pubs are cancelled during the second semester. He said the second term is always slow and allowance should be made for the decrease in attendance. "The only way to make money is if the door receipts pay for the band," he said. Mr. Bassi said he does not want to see an increase in prices.

Mr. Bassi said he is not too concerned about the profit situation. He said the pubs are meant for the students to have a good time and profits should be considered secondary.

The pub's most successful night was when Rose played; 155 cases of beer were sold that night.

Mr. Bassi was pleased with this year's program. He said the pub situation has developed to one of harmony between administration and SAC. He said the pubs offer a break for the students to get away from the books and relax with friends.

Low Pub turnout

Most people do not attend the pubs held at Niagara College because of the distance they would have to travel, 30 miles or more, just for the evening.

Other students said their non-attendance at the pubs is because they are held on a week night. Some said they have classes early on Thursday morning and do not feel they could do both.

These people have suggested that the pubs would be better attended if they were held on the weekend rather than Wednesday night.

Those who do attend were enthusiastic about the groups who perform, and the fact that the beer is inexpensive.

Some students have gone because of a specific group, or because their friends were going. Most of these people said they live in the immediate area and do not have to keep such late hours to attend.



Sarah Belyea, 12, (left) and Kathy Weiss, patients Catharines, admire one of the murals painted by three Niagara College students. (Photo by Shafer)

Niagara ERT students paint murals in hospital corridors

By GAIL SHAFER

The dimly-lit, septic-white corridors of the children's ward at Hotel Dieu Hospital, St. Catharines, are coming to life with colorful murals of famous story book and nursery rhyme characters.

Three Educational Resource technician students from Niagara College, Georgina Membella, 21, Dianne Colangelia, 19, and Denise Flannigan, 20, are the artists involved in reproducing such widely known characters as: Daffy Duck, Elmer J. Fudd, Huey, Duey and Luey, Snoopy, Woodstock, Cookie Monster, Winnie the Pooh, Little Red Riding Hood, Cinderella, Snow White and the Seven Dwarfs, The Old Woman in the Shoe, the Three Little Pigs and Goldilocks and the Three Bears.

The murals are done by using an opaque projector for enlarging the pictures which are then sketched on the wall with a pencil and painted in bright orange, red, blue, yellow and green oil paints.

HOSPITAL CALLED

A representative from the hospital contacted the college after seeing the murals painted by Niagara College students at Welland Hospital and asked if it would be possible to have murals done at Hotel Dieu Hospital.

The students began the murals during the last week of February, using their spare time on weekends. They estimate they will be completed in May or June.

The reaction from staff, patients and visitors alike has been nothing less than enthusiastic.

The children are able to recognize and to relate to the characters since they are so widely known and are at eye level, one of the nurses said.

The girls volunteered their time as part of their required 20 volunteer hours per term for their course and although each of the 12 murals takes six hours to complete, the project is only worth a total of five volunteer hours.

The hospital paid for the supplies which the girls needed to paint the murals.

"The hospital provides us with everything we need," said Georgina, "even the occasional meal."

Other volunteer work the girls were involved in included tutoring and acting as hostesses during the Celebrate Canada Festival.

Jack and Jill Day-care for problem child

By JUDY SUGA

By the time a child is one year old, he should be able to imitate other children at play, hold and drink from a cup, place a round peg in a pegboard, and walk with minimum aid, says the Portage Guide to Early Education. For those who cannot achieve such a "normal" rate of growth, special help is needed.

The Jack and Jill Nursery, offered by the Welland District Association for the Mentally Retarded, is a "pre-school" with something extra to offer," states a pamphlet outlining the school's programs. Its goal is to "put the individual child at the best potential he would have," Mary Gill, nursery supervisor, said.

The school, previously held in a church hall, has been located at Cream and Weber Road, Fenwick, since April, 1974, and is open five mornings a week. It is funded 80 per cent by the provincial government, and 20 per cent by the Association for the Mentally Retarded, most of whose backing comes from the United Way, Mrs. Gill said.

The teaching program is designed to be as much like a normal nursery as possible, but each child also receives individual cognitive and speech therapy with his teacher, Mrs. Gill said.

To qualify for enrolment, the children must be assessed by a doctor or assessment agency as being mentally retarded, or having a "very definite delay" in at least one area, such as speech, being at least 1½ years behind.

12 ENROLLED

The 12 children enrolled, ranging in age from two to five years, are divided into three groups according to mental age level, with one teacher to each group. Volunteers also help, most of them mothers who want to continue at home the self-help therapy used at the school, Mrs. Gill said.

The first group, which has therapy and feeding problems, has its program set up by a therapist from the Crippled Children's Society. In the second group are children with physiotherapy and speech problems, and in the third are children who are mildly retarded or whose speech is delayed.

Each child's assessment and medical report are updated every year, following the Portage system. It is a step-by-step program in which a child, after mastering one stage or ability, can move on to the next one slightly higher in mental age level.

Her students' development in

socialization, language, cognitive and motor skills, and self-help can thus be monitored, with the Illinois method also being used in self-help.

In therapy, activities are designed to help the children with general motor skills, balance, and reflexes, Mrs. Gill said. Children may lie face-down on a canvas sling swing or on a scooter board to push themselves around, thus adding muscle development and "encouraging those who do not like the stomach position."

"There is a certain amount of fighting when they start," but after a while the children learn to enjoy themselves.

The school has three work areas, a gymnasium, and a small room for the teachers to work on a one-to-one basis with the children.

The toys and equipment are much like those found in any nursery, except for the therapy equipment, and every day there is a "circle time", when the children sing and do various learning activities. There is also a mid-morning snack, during which Mrs. Gill said she rarely has problems forcing the students to eat.

NIAGARA GRADUATES

Teachers Joan Colley and

Simcoe plaque stolen

Students entering the Simcoe Building early Tuesday morning may have noticed that the bronze plaque dedicating the Building to Governor General John Gaves Simcoe was missing.

Some time between Monday night and early Tuesday morning vandals took the sign from its moorings at the bottom of the staircase at the main entrance.

Ed Thompson, maintenance foreman, said the vandals must have gone to considerable difficulties to remove the sign. The bolts holding the plaque in place were anchored in wet cement, he said.

Jack Spittle, manager of plant and properties, said the plaque was purchased in 1973, one of nine ordered by the college. The cost of the order was \$627 or about \$70 a piece. Mr. Spittle estimated that it would cost about twice that much to replace the plaque today. The reason for the cost is that it would require a new mould to be made.

NOT BIG PROBLEM

Vandalism is usually not a very big problem at the college, Mr. Thompson said. "Pub night usually creates some minor problems," he said. "The guys get drinking and want to prove they are strong, so they pull out a tree or something."

"We have a very sensible and understanding student body," Mr. Spittle said. Vandalism is not a major problem. He agreed with Mr. Thompson that pub night is the exception.

Both authorities agree vandalism is more prevalent at the end of the year because students are looking for souvenirs of their stay at the college.

Mr. Thompson said he would like to see the plaque returned, and added he hoped the vandals would be caught so an example could be made to the rest of the students.

Nancy Smith both have early childhood education certificates from Niagara College. Mrs. Gill said teachers must have a certificate for instructing either normal or handicapped children, and are expected to work for the other certificate while employed at the nursery. Throughout the year, they also attend many workshops and conferences to keep themselves up-to-date.

The nursery "helps parents cope better," but whether or not they accept the fact that their child is handicapped "is hard to say." She believes most parents worry whether their children will lead a normal life when they grow up.

The public is "not too enlightened" but the situation is improving, Mrs. Gill said. Because the "children are so young, everyone thinks they're cute," and most people either feel sorry for them or think "just because the child has learned to walk, he is normal."

The students like to come — "that's what the mothers tell us anyway." Transportation is provided by a mini-van if parents cannot bring the children themselves, and there is a taxi service from Port Colborne.

Editorials

Alternatives to Student bldgs.

Judging from this week's Roving Reporter, students are split over the idea of having a residence or dormitory at Niagara College.

A small percentage of the students attending the college are from cities and towns outside the Niagara peninsula. It is impossible for them to commute to school.

With an enrolment of just more than 2,500, it would not be economically feasible for the college or any other group to undertake the project of building a residence complex on campus.

Community colleges were created as an alternative to university, and that is what they are: a post-secondary educational institution for the community they serve.

The problem may be that the programs students want to take are not given at the college nearest to them, so they look elsewhere.

Each college has a housing office, but that doesn't rule out students finding a house with a bad landlord.

Perhaps a solution would be a task force, made up of students and administration, to look into the prospects of purchasing houses and remodelling them.

For a small original investment, the college could put someone in charge of these homes, and rent them to students inexpensively.

Perhaps once financial restraints are finally lifted, the Student Administrative Council (SAC) and administration could put something together to assist students coming in from out of town. If it hasn't already, perhaps SAC should abandon its plans for a Student Union building and put the money towards student accommodation.

Joe Wallace



Another sign of spring (Photo by Smith)

Recognition of language rights

Our heritage, which supposedly promotes French and English equality, has made Canada unique and if we are to stay this way and survive as one country English-speaking Canadians must recognize the equality we owe our French-speaking counterparts and vice-versa. If not, we will become a nation torn with inner conflict on a road to self-destruction.

French and English have BOTH been official languages for as long as Canada has been a country and now is not the time to change this. With a federal election in the very near future, the question of French and English rights is bound to be a prominent issue in the election.

It is my belief that each and every Canadian should feel a moral obligation to make available an alternative language in which his fellow countryman can be heard, and not complain about it.

I'm not saying that everyone should be forced to learn the other official language, but I am saying that the alternative should be available to every Canadian.

To deny a Canadian the right to the due process of the law in his own native tongue, especially when his language is an official language of this country, is morally, ethically and legally wrong.

Federal and provincial government statutes must provide the alternative to a person to be tried and made aware of government actions in the language of his or her choice.

What Rene Levesque, premier of Quebec, has done with the controversial Bill 101 is just what has been happening to French-speaking Canadians throughout the country since the British North

America act was passed in 1867.

By no means am I condoning the actions of Mr. Levesque, but it is imperative that the right to be heard in one's native tongue be entrenched in every province in the dominion.

Considering the way French people have been discriminated against in the rest of Canada, and the way English people have been discriminated against in Quebec, one can hardly wonder why an issue such as separation has arisen.

Separation will be disastrous for Quebec and Canada, but unless equality in language matters comes about immediately, the possibility of a separation movement in Quebec will be present.

in Ontario, as the most powerful province and closest geographical neighbor to Quebec, should lead the way to show our fellow Canadians that we want and need them in Confederation.

The situation in Quebec is much the same as in Ontario, and for us to re-acquaint ourselves with the population of Quebec and re-establish a friendship we both need, there must be a little give and take on both sides.

The solution is simple: let every Canadian, be it in Alberta, Quebec or Newfoundland, have the option to be served in whichever OFFICIAL language they want. This would include educational matters, government services, the due process of the law or just plain everyday conversation.

Bilingual rights are just that, rights not privileges, and each Canadian should have the right to his or her own language.

Come on, Canadians, let's pull together instead of pushing apart!

Doug Smith

Letters to Editor

Students: festival support

Dear Editor,

I am writing in response to your editorial in last week's First Edition.

I cannot explain why the students did not attend the Celebrate Canada Festival's events but they did indeed support it.

The Student Council gave a \$500 grant to help fund the project. This \$500 came from the SAC budget which everyone knows is composed of the \$35 each student pays at the beginning of the year. With this money, along with monies from other industries around the Nia-

gara peninsula, the Festival was able to achieve its great success.

I wish that the next time the editors would look further into their stories before they accuse the students of being more apathetic than they really are.

Pamela Walker
Club Convener
Student Council

Ed. note:

First Edition reported, on page 6, the SAC contribution of \$500, and the editorial was referring to active participation by the students in the Celebrate Canada Festival.

Little funding of projects

Dear Editor,

I am not sure to what funds the article "Centre in Works" (March 13, 1978) is referring when it states that the Centre is willing to provide them. The Federal Labor Intensive Programs are as they state, labor intensive and thus there is little funding from

the department for anything else. We will be raising funds for community projects and will be supplying the labor necessary to carry them out.

I hope that this clears up any misunderstanding.

Joanne Sauchuk
Information Officer

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BULLPIT: 1st year journalists fooled: story of a mock accident

By JOE WALLACE

We were mid-way through our very first paste-up, putting together First Edition. The two associate editors were sitting in second floor lounge in the Simcoe building sipping a coffee following a very trying morning.

Suddenly, one of our editorial staff came rushing upstairs... her hair in a tizzy, she explained there was an accident in parking area B. An ambulance was there and there were people injured.

In a Laurel and Hardy routine, the other associate editor and I went rushing about the room looking for a camera. After all, this was our biggest story ever. We did have second thoughts though... it might mean that we would have to re-arrange Page 1.

Miraculously, through the confusion, we stumbled over a camera. Now all we had to do was load it. The associate stumbled through the loading procedure, hands shaking and sweat on his brow.

Now it was my turn.

Paper," I shouted, "I need paper!!!!" Someone tossed a ste-

nographer's pad in my direction, and of course, it dropped to the floor.

I knew something like this might happen, and like every good reporter, I was stocked with an arsenal of pens. Only, I forgot where I put them. Some poor cohort must have been shocked when I snatched the pen from her hand and headed straight for the door with my associate still trying to load the camera.

My associate, the photographer, and I went bounding across the parking lots. Boy, this was exciting.

The photographer had only 10 pictures remaining on the film and shot four in flight, for fear the accident might disappear.

The scene was grim, a male and female writhing in agony in the front seat of a Ford that really didn't look all that mangled. I mean, they had a lot of injuries considering the car had only mounted the curb.

We asked what happened.

A girl looked around at us with a sheepish grin on her face.

"Nothing," she replied. Nothing? No, you've got to be kidding, nothing? The words shot through our minds. Students in Ambulance and Emergency services were staging a mock accident.

Well, after all that, we must have looked like fools. Just to save face, we stood around freezing and shot the remaining pictures.

The only really big thing that happened after was that when the ambulance attendants were taking a spinal injury victim out of the wreck on a back-board and forgot where they put the stretcher.

The injuries looked real enough, and so did the situation. The theatre arts students did a fine job acting out their symptoms. The red lights on the ambulance were still flashing, and cars along Chippewyan Boulevard were still stopping to see what was going on. We slowly walked back to the warmth of the Simcoe Building... Oh well, all in a day's work, I guess.

Grants for students, loans unnecessary

By SYLVIA BAAGO

The new Ontario Student Assistance Program (OSAP) geared for students from low and middle income families, has been attacked as being unfair and discriminatory, but "I'm inclined to be quite favorably impressed with the program in terms of what it means to our students," said Mary Patterson, student awards officer, Niagara College.

The new program, effective for the academic year 1978-79, was announced last year by the ministry of colleges and universities and was hailed as an attempt to bring greater equity to student assistance.

However, when the revised parental contribution tables were released on March 9, members of the Ontario Federation of Students (OFS) initiated protests against the plan and accused the government of making parents pay more towards their children's post-secondary education.

New Feature

A major feature of the new plan is that many students will be eligible for a grant without taking out a loan first. This is a definite improvement over the old plan. Previously, students were required to take out a \$1,000 student loan before being eligible for grant assistance.

An example from the ministry compares the old and new levels of OSAP grants and loans and Mrs. Patterson explained it in terms of a community college student:

A 19-year-old student who lives at home with her 15-year-old brother and parents and attends college full-time needs \$300 for fees and \$200 for books for her 32-week program. Local transportation costs \$6 per week. Her father earns \$12,000 per year on which he pays about \$1,500 income tax.

Under previous OSAP criteria, this student would have qualified for \$1,600 in subsidized loan and only \$140 in nonrepayable grant. Under the new rules, the same student qualifies for \$1,070 in grant and will have the option of borrowing \$470.

Improvement

"By and large, the new program is an improvement," Mrs. Patterson said. "The student loan program was never intended to be there just for the asking."

The plan is "an attempt to get the major kind of assistance to people who need it most — those students from low, low income families who are financially disadvantaged, people on welfare, that kind of thing," Mrs. Patterson said.

Under the new plan, "some students from low-income families might go for four years of under-graduate work without contracting massive debts."

Nevertheless, when the parental guidelines were released, angry OFS members denounced the program and organized a protest rally to Queens Park. OFS researchers said their analysis of the program showed that parents of students living away from home will now have to

contribute an average of \$500 more towards their child's education.

Under the old plan, parents whose net income after deductions for income tax, dependent children, pension and other expenses was less than \$7,600 did not have to contribute towards their child's education. Now, parents whose net income is more than \$6,600 will be expected to contribute.

A lot of the protest has come from graduate students, Mrs. Patterson said. Graduate students will no longer be eligible for grant assistance — only loans.

Causing Flak

"There has been quite a significant rise in the number of university students who are applying for assistance for graduate work. These are the ones who are causing all the flak," she said.

Traditionally, graduate studies are for high-income careers like doctors, lawyers and architects whose students also generally tend to come from high income families also. "Why should the government support these people who will be making large incomes when they get through school?" Mrs. Patterson said. "They will still have the option of taking out loans — no grants, though."

OSAP assistance does not come cheap. Grants, loans and bursaries to more than 80,000 Ontario students costs \$92 million annually — of which \$78 million is borne by the province — and even without OSAP the taxpayer already foots the bill for approximately 85 per cent of the education costs of the province's post-secondary students.

\$76 million

The province has budgeted \$76 million this year for the non-repayable grant program, and another example from the ministry shows how a student from a middle-income family will benefit from the plan.

The example cites a student whose father's gross income is \$20,000, income tax \$4,000. He lives away from home and fees are \$800 for a 32-week university program with \$200 for books. Local transportation costs \$6. A brother, 15, lives at home.

Under old OSAP rules, this student would have received no grant and only \$670 in subsidized loan. Now he will receive \$650 in grant and have the option of taking out \$830 in subsidized loan. Total increase available is \$810.

Applications

Harry C. Parrott, minister of colleges and universities, stated in a press release: "These examples show that needy students receive very generous grant assistance during the first four years. Thereafter the loan plans will enable all students to complete their studies."

Mrs. Patterson said her office is taking applications from students who wish to apply for assistance for next year.

Roving Reporter

By MICHAEL PLONER and BETH RUSTIGE

Do you think a dormitory or residence at Niagara College is necessary? Why?



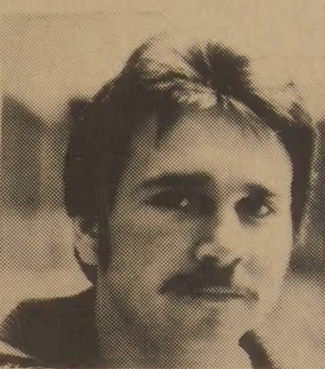
Carol Ann Gula, first year health science preparatory, Welland: I don't think there should be one. Most of the students are local anyway.



Donna Jones, second year financial management, St. Catharines: It would be nice. It would also help out a lot. I live in St. Catharines and would like to move to Welland.



Joanne Frost, health science preparatory, Welland: Yes, there should be a dormitory. Most of our students are from out of town and it would be cheaper for them.



Greg Ostryhon, electrical power engineer, Wainfleet: It's a good idea if you're from out of town. A census should be taken on how many out-of-town students there are and there should be a certain percentage of these students before a residence is built.

Judy Owen, first year general business, Fonthill: I think it would help. It doesn't make much difference to me because I live with my family, but I think it would help people from out of town.

Donald Chechak, first year electronic technician, Simcoe: I don't really think so. I like boarding, and you get to meet people.



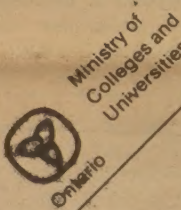
Daryl Sherlock, first year law and security, Fonthill: We only have about 2,000 students altogether so there should only be a small residence. A lot of kids are presently staying in apartments and hotels, and it would be cheaper for them.

Congrats

Dear Editor:

Your First Edition (April 3, 1978) is first class. Congratulations to all of the students who did such a professional job.

G.A. Blazetich, Chairman, Liberal Studies Division



Ministry of
Colleges and
Universities

**Ontario Student
Assistance Program
1978-79**



Hon. Harry C. Parrott DDS, Minister
Dr. J. Gordon Parr, Deputy Minister

Wants more education for ECE teachers

By MARGARET BOYD
and JUDY SUGA

Education is just out of the age of superstition; this is why more education for early childhood teachers will be needed in the future, says Dr. Len Popp of Brock University.

Dr. Popp, 44, of the curriculum department in Brock's College of Education, spoke at Niagara College during an Early Childhood Education conference March 31 and April 1.

"If a child's immature, we say we don't know what's wrong with it," Dr. Popp said.

Dr. Popp said an ECE certificate is not a guarantee of being a good teacher, "you also have to know what to get for kids and how to get it."

Negative and elitist attitudes about Montessori pre-schools were among the topics discussed by early childhood educators and students at the conference.

Two hundred and 10 delegates from 10 community colleges across Ontario attended the ninth annual ECE conference. Its theme was the "Circle of Childhood."

WORKSHOPS, DISCUSSIONS

The students went to workshops and listened to panel discussions and speakers during the conference. Nancy Barrick, a second year ECE student at Niagara College, was conference chairman. James Cuthbertson, chairman of environmental studies, spoke briefly to the students Saturday morning. Four panelists, involved in special day-care programs in the Niagara peninsula, spoke about their work.

Workshops offered during the afternoon included "creative

drama with pre-school children," with Norah Morgan and "learning through play," with Sharon Senuik, both of Niagara College.

Karen Sills, a director of the Montessori pre-school in St. Catharines, spoke on the Montessori system of education. The Montessori system is new and controversial in North America compared to Europe, where it is well-known. Mrs. Sills took a one-year Montessori Institute Training program in Thornhill, Toronto.

The Montessori method was developed by Maria Montessori, an Italian woman, in the early 1900s. She developed her teaching methods from observing handicapped children. By using equipment she developed, she brought the children to a normal level of achievement. She then observed normal children using the same philosophy.

Mrs. Sills said the underlying principle of the Montessori approach is the continuous change and metamorphosis of a child. When a stimulating environment is created for them, children can learn independence and knowledge.

Maria Montessori's belief that "a child creates himself through his environment" is the main factor in the program. The teacher's role is to promote movement, sensory touch, and mental integration, Mrs. Sills said.

Two of the panelists, Sharon Senuik and Timothy Howe, spoke of the importance of integrating exceptional or handicapped children into programs with normal children.

Mr. Howe, director of the Jack and Jill school near Welland, said



Sharon Senuik, Niagara Early Childhood Education staff, ponders a question during the weekend conference. (Photo by Suga)

the school's policy does not label children as "retarded." He described these children as having an "identifiable delay" in development. The school has 12 such children and a physiotherapist, a speech therapist, and a feeding program.

Mrs. Senuik, Niagara College day care worker for four years, said new concepts of the exceptional child should be taught. Community workers should accept and associate with exceptional children and realize isolation of these children is contrary to normal development. A teacher's openness and honesty with other preschoolers is necessary for successful integration with exceptional children, she said.

Varley Finch, a daycare director from St. Catharines, said daycare should be more widely available for all families, not just those in need.

"The centre's aim is to act as an aid to parents."

A question and answer period followed the panel discussion. Most of the students' questions were about Montessori school and the Jack and Jill school.

Mr. Howe said an ECE certificate and practical experience were the requirements for working with mentally retarded children.

NO MORE KINDERGARTEN?

Mrs. Sills said kindergarten is becoming outdated because children are learning more, earlier.

In response to whether Montessori's methods were outdated, she said there were workshops, new equipment, and a Montessori's Teacher's Association.

Mrs. Norah Morgan, in the workshop "creative drama with pre-school children" said daycare workers need to involve children with creative drama or role playing. The adult should pick up the role in which a child sees them and act it out.

Mrs. Senuik, in the "learning through play" workshop, said "the more a child's emotions are involved, the more learning will take place."

There were displays of children's toys and educational aids, for the students to view.

STUDENTS ATTEND

Students attending the conference came from Algonquin College, Ottawa; George Brown, Toronto; Cambrian, Sudbury; Centennial, Toronto; Georgian, Barrie; Humber, Toronto; Lambton, Sarnia; Niagara; Seneca, Toronto; and St. Clair, Windsor.

Both first and second year ECE students attended on a voluntary basis. Some colleges paid the way for students; some students had to pay bus and registration fees. The students slept in the gymnasium.

Meals were provided by Niagara Frontier Caterers. A wine and cheese party and a gong show Friday night, and a Saturday night pub featuring the band "Fingers" were the social events provided.

The daycare centre at Niagara College has 115 pre-schoolers. The 60 ECE students in the Niagara program are involved in helping to look after them.

S.A.C. NEWS:

Come out to the SPRING FORMAL

Featuring SPARTAN

Place:

Italian Mutual Benefit Society Hall
223 Bell Street, Port Colborne

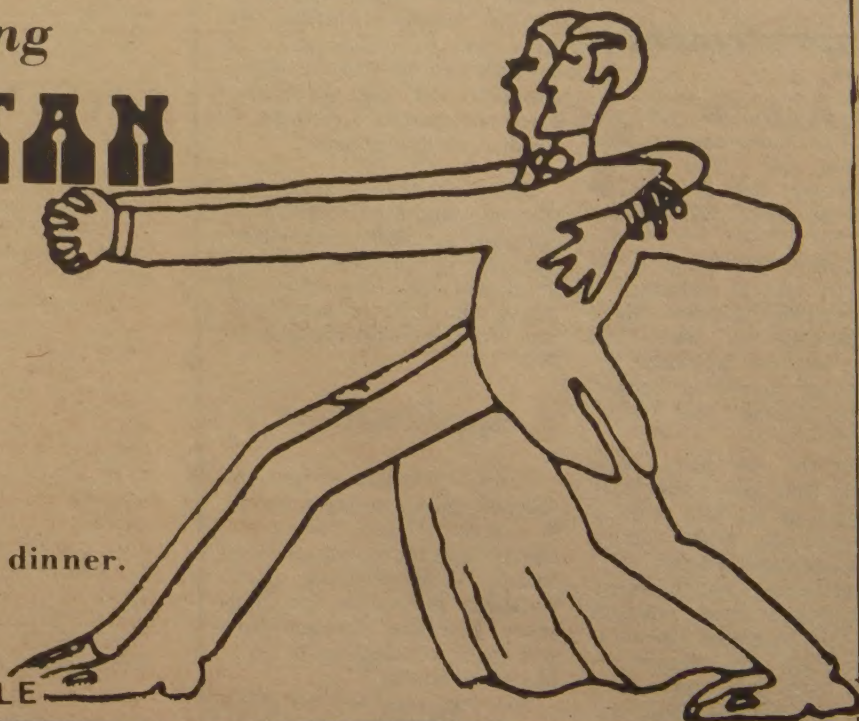
Price:

Tickets are available at S.A.C.
\$5.00 per person.

Also included with this price is a fine Italian dinner.

Time:

April 14, 1978 - 6:30 p.m. MAPS AVAILABLE



ENTERTAINMENT



Theatre arts instructor Tayie Abdel-Rehem (centre) explains the Lysistrata stage blueprint to students Lou Borghesan (left) and David Stevens (right). The play, a Greek comedy about women refusing to have sex with their men until the men stopped going to war, is being presented at Niagara College Theatre Centre, 54 Empire St.,

Welland, and will run from April 19-22 and April 26-29. The stage blueprint calls for the construction of white column and 350 tiers were chosen as column material. Set preparations are almost complete with only painting yet to be done. Tickets are \$3 for adults and \$2 for students.

Greatest number apply to Theatre

Thirty-six theatre arts applicants have been admitted from 68 applications, the largest number of applications this college program has ever received, David Davies, chairman of human development, said.

Last year by Sept. 1, there were 54 applications, but only 17 students registered in theatre arts. Mr. Davies said the number of applications had never fallen as they had last year. Normal first-year enrolment is 25.

An estimated 20 to 30 applications have yet to come in, Mr. Davies said.

Thirty-two applicants have yet to be interviewed. John Rapsey, program co-ordinator, is spending the next three weekends as a judge at theatre festivals and interviewing 15 to 16 applicants.

The remaining applicants will either set up appointments or in the case of applicants from New Brunswick, send letters of recommendation to the college.

Mr. Davies said the college is still maintaining a recruitment drive. Its goal is to build the theatre arts' mailing list to cover every high school in Canada.

"We want to get two pieces of communication in the hands of every high school," he said. "This is to pick up students out of the province and to keep Niagara's name in the mind of theatre teachers.

"Most students come from outside the area, something like a five to one ratio. Unless you publicize, you will get no outside students."

Speech on Genetic counselling

Mrs. E. Bandler will speak about genetic counselling in the Second room April 20 from 10:20 a.m. to 12:05 p.m., to health sciences students. Those enrolled in the dental assistants and hygienist, health record dicta typist, and ambulance and emergency care programs will attend.

Anyone else who is interested may contact Candy Paris, health sciences preparatory co-ordinator, S310, Extension 265. Department of Genetics at the Toronto Hospital for Sick Children.

Mrs. Bandler works in the Department of Genetics at the Toronto Hospital for Sick Children.

Crime: Orchestra plays to empty room

By ROD ATKINSON

The strings were in tune, the 13 members of the St. Catharines symphony's string section waited as the concert master took his place. Following several moments of fine tuning and light plucking of strings, the conductor strode to the front of the orchestra, bowed to the audience, turned, and a Handel Concerto Grosso began the fourth and final of a series of Sinfonia concerts in the Hamilton room April 2.

The audience? The orchestra out-numbered the audience — 14 to seven. With wisps of smoke, wandering streams and marching through forests the theme of the last concert at Niagara College, it seems the crime of crimes that a company of professionals like the St. Catharines Symphony orchestra should have to play to an empty room.

The first movement wove a web of light and color for the audience that ended with a solo by concert master Gerry Weiss. The second movement, not at all similar to the first, was lighter in tone and altogether too short, again ending with a solo by Mr. Weiss.

A sad and melancholy tune, reminiscent of a somber love story ended with the concert master carefully drawing out a long and touching note, leaving the listener wondering if Handel's third movement was not an ode to a lost lover. The fourth movement began not unlike a marching tune, at times so slow it seemed finished but a moment later the audience was tramping through the forests of Handel's homeland. The pleasure and intensity of producing this haunting music glowed on the faces of the members of the symphony as the fourth and final movement ended.

ALL ARE SOLOISTS

"This piece demands that all members of the orchestra become soloists," Leonard

Atherton, symphony conductor for six years, said.

Mr. Atherton gave a short dialogue on the next scheduled piece Divertimento by Keith Bissell, a Canadian composer from Toronto. "He is a composer of special technique," Mr. Atherton said.

This three-movement piece, showed, even to the inexperienced listener, a musical ingenuity of great worth and beauty.

The first movement laid the set of notes used in the rest of the work, "the shape of the theme," as Mr. Atherton described it. All four sections of the orchestra were called upon to provide the audience with the impetus to become a part of the music.

AS IN A MIRROR

The second movement was somewhat slower and the theme of

of the piece was "mirror inverted", the same as the first set of notes, but inverted, as if seen in a reflection.

The third and last movement of Divertimento was much more dramatic and was a contrast to the first and second, using soft-spoken notes and tones.

The first piece following the intermission was a beautiful work by Barber, The Adagio for Strings. It was a gentle piece of music and the audience reacted well to this popular movement. "Relax and enjoy this," the conductor said of the Adagio.

The final piece on the schedule was the Concerto for Oboe by Vaughan Williams. The effect of the three movements was excellent and the audience showed their approval — as loudly as seven people can.

The first movement reminded the listener of an English garden tea-party with the four sections of the strings flowing evenly with and around the fine breaks of the soloist, Sandra Sakofsky, principal oboist with the symphony.

Low Sinfonia attendance disappointing: McKinnon

Niagara College's attempt to give students and faculty good music at a reasonable price has met with a "disappointing response," Graham McKinnon, head of the music committee, said.

He was commenting on small attendance at the last two Sunday afternoon Sinfonia concerts by the St. Catharines Symphony Association in the Hamilton Room.

Mr. McKinnon, director of college services and chairman of the music arts subcommittee of the college Task Force on the Arts, asked whether the poor attendance showed that students and faculty do not want quality musical performances to continue at Niagara College.

The same concerts given by the orchestra are better attended at other locations in the

Niagara peninsula.

"It doesn't seem to be the nature of the concerts and I don't want to believe it is a lack of interest in college functions," Mr. McKinnon said.

Three of the four concerts given at Niagara were poorly attended. The second of the series in November drew the largest crowd with more than 50 attending.

"Support came from the community, not from the college students and staff," Mr. McKinnon said. "This is disappointing and it is a sad reflection on the college."

"If the college students and staff do not attend, they are, in effect, saying they do not want any more music at the college. Being an institute of learning, Niagara College should lead the field in presenting symphonic music for the community."

Disco dancing course at NC

By MARY KOZIELLO

Were you envious when you saw John Travolta dance up a storm in Saturday Night Fever? Wouldn't you like to have his rhythmic moves and perfect timing? If you need some professional polishing... look ahead. Now you can be part of the disco craze that is sweeping the country.

Kay Steele, secretary for communication arts and English, will teach a step-by-step disco dance instruction course at the Welland campus of Niagara College. The course will be offered May 4 to June 8 and classes will be conducted from 7:30 to 9 p.m. on Thursday evenings. The same course will be offered on Monday evenings at the Mack Centre in St. Catharines under the direction of Mary Jane Daly. The dates there are May 1 to June 5.

Due to an overwhelming response to the disco dance instruction course, Kay Steele, instructor, has offered to teach it Wednesday nights from 7:30 to 9 p.m., in addition to Thursday evening classes.

Mrs. Steele said the course is not specifically geared to couples. Line dances included are the Bus Stop, the L.A. Shuffle and walks. For couples there will be the Tango, plus the Latin and New York Hustles.

Each class will be 1½ hours in duration. She anticipates teaching two dances a week.

Her class will have a maximum of 25 people. Even with a class of this size, Mrs. Steele hopes to accomplish teaching six line and

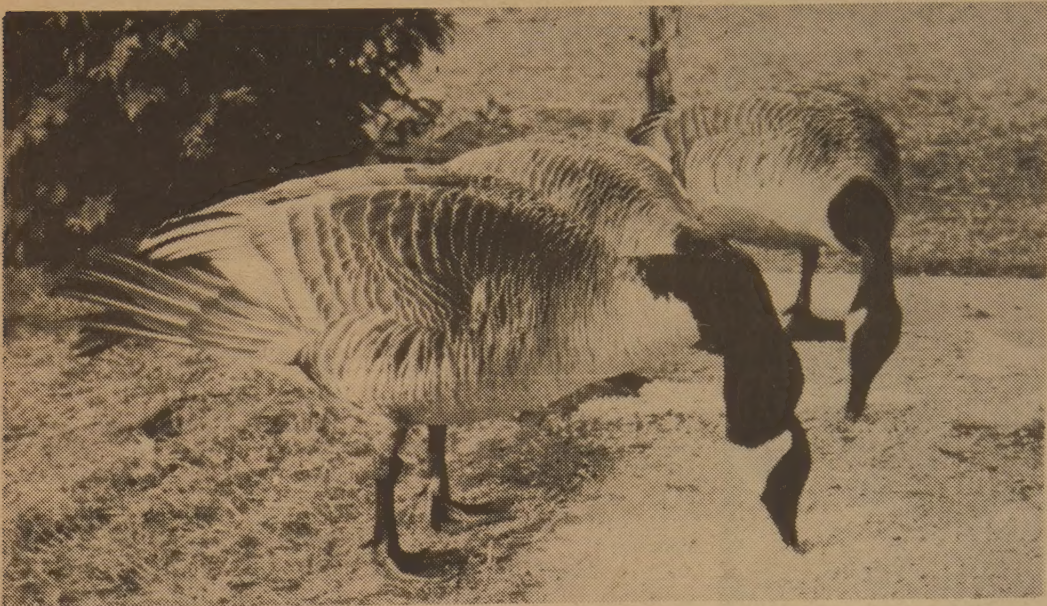
six couple dances.

The dance technique Mrs. Steele will employ is similar to that of the motion picture Saturday Night Fever. Music accompanying the dance instruction will be from the album Disco Fever and the soundtrack to Saturday Night Fever.

At first Mrs. Steele did not intend to teach disco dancing. The only people she had ever given instruction to were her brothers and sisters. She developed a love for the art of dancing while studying in Shirley Yeszani's School of Dance in Port Colborne. A friend encouraged Mrs. Steele to teach the course.

"My objective is to introduce the concept of dance as a form of relaxation and fun," she said. "It is a vehicle for communication and self-expression."

LIFESTYLES



Duck, geese are flying low

Canadian geese, mallard and buff ducks can be observed in their natural habitat at Hilton Smith's wildlife sanctuary on Metler Road in Effingham. Several artificial lakes are stocked with rainbow

and speckled trout. Visitors are welcome to wander through the picturesque setting and the enthusiastic angler may bring his rod and reel when the fishing season opens May 1. (Photo by Flaxy)

Bra-burning movement dead, women's movement more subtle

By DOUG SMITH

With the absence of bra-burning sessions and mass marches, the women's movement may appear to be dead. Not so, say Bette Ferguson, co-ordinator of women's studies at Niagara College, and Joanne Sauchuk, former editor of the Niagara Women's Magazine. The movement has just left the media limelight and become more subtle.

The world cannot be changed overnight, Mrs. Ferguson said, and changes have to come about through "educational processes." People are becoming more receptive to women holding non-traditional jobs and they are generally accepted "if they prove they can do the job."

Just because the movement has not attracted the frequent headlines and news reports of the late 1960s and early 1970s does not mean that it no longer exists. "The movement is not as visible now," Ms. Sauchuk said, and women are "using a soft-sell approach" instead of the radical expression of the earlier days.

The college is committed to an affirmative Action Plan, Mrs. Ferguson said. Various programs, such as a workshop to be held near the end of May on women in politics, will "make it a bit easier" for women to establish their own identity.

The workshop will deal with women interested in running for public office or those who will support women politicians, Mrs. Ferguson said.

Ms. Sauchuk said "consciousness raising session," in which our own sense of ourselves was raised, have helped to bring about change in women's roles.

Ms. Sauchuk said radical movements tried to bring about instantaneous change, but the changes will be slow. They must be "entrenched" in people's minds and the best place to start is in the schools because "students are now more aware."

Mrs. Ferguson agrees that the process must start in the schools. A brochure, now being prepared about women's studies will show what the college has to offer women in the community. It will be distributed to interested groups and industries throughout the peninsula.

Ms. Sauchuk found the main problem for most women is job discrimination: it is better today, but remains a problem.

Although there is still a lot of discrimination, there have been

"some changes." Women are now breaking into area they never were before, such as management and positions with a great deal of authority.

Mrs. Ferguson said the spring evening course will give women more insight into their present roles. The course, Women - Choices or Chances, to be taught in Niagara Falls by Harriet Oleksiuk will deal with the needs of and chances for women in today's world.

Marriage is give-and-take, selfishness dead-end street

By MARY KOZIELLO

Instability in society has caused insecurity among marriage partners, Terrence Mason, marriage relationships instructor, says.

Mr. Mason, who has a bachelor of science degree in child development and family relations, said in a recent interview, "Selfishness is a way to ruin marriage." Problems arise from insecure individuals who expect too much from their partners. These people fail to realize that marriage is a give-and-take relationship.

Statistics on women employed in the work force show a sharp increase over the past 36 years. In 1940, 17 per cent of Canadian women worked; in 1972, 42 per cent worked, and in 1976, 60 per cent worked.

"This high number strips children being reared by these women of a means to get a cultural heritage, and leaves them to identify with a world of material possessions," Mr. Mason said.

In today's society, the effect of working women has brought about negative results. Mr. Mason explained that, in the past, it was the woman's role to



TERRENCE MASON

keep the culture alive in society with informal communications with other women. Men used to thrive on a society created by women.

RESPECT WOMEN LESS

"One of the impacts of the Women's Liberation movement," Mr. Mason said, "is that more men than ever respect women less and less." He said men used to open doors for women because it was their way of saying they cared and that women had dignity.

Nowadays, there is competition between the sexes. It is Mr.

Women's committee guide for graduates

By DOUG SMITH

A booklet, about women graduates from community colleges who are working in male-dominated fields, is being compiled by Gail Hilyer, chairperson of the extension division, applied arts, and fashion arts instructor Eileen Muir.

The Southwestern Ontario College Women's Committee will publish the booklet to serve as an information guide to women who are entering community colleges.

Ms. Hilyer received three names from each college in southwestern Ontario and is in charge of putting the booklet together while Mrs. Muir is handling the graphics for it.

The booklet will "provide some suggestions to women who look to college about non-traditional careers," Ms. Hilyer said, and it will show what an "enormous benefit a college can be" to a woman.

The three women graduates from Niagara who will be featured in the booklet are a newspaper editor, a chemical technician and a remedial technician.

Shirley Dixon, editor of the Niagara Advance, a weekly newspaper in Niagara-on-the-Lake, is one of the women from Niagara who broke into a field usually dominated by males.

Mrs. Dixon is a graduate of Niagara's journalism program and is featured in the booklet because she has successfully broken into a job market generally reserved for men, Ms. Hilyer said.

A chemical technician is a position predominately held by men and, for Sylvia Walker, her career has handed her a place in

this information booklet.

Ms. Walker is employed by a local school board and she is one example, Ms. Hilyer said, of a woman who has attended community college to gain employment in a field usually reserved for men.

The third Niagara graduate who will be featured in the booklet is June Kopp, remedial technician working with a local school board.

Ms. Kopp works as a remedial assistant for children with learning disabilities and the position she holds is usually held by a male, Ms. Hilyer said. This fact made her eligible for the booklet.

Other jobs featured in the booklet include a female police constable and a carpenter and there are many different job possibilities for females in the booklet.

It will be printed in English and French and distributed to any place women can get career counselling, Ms. Hilyer said. When printed, the booklet will be available at guidance offices in high schools and colleges.

It will "encourage women to look at non-traditional occupations," Ms. Hilyer said, and is "intended as an expression of the commitment of women in college."

The booklet is a volunteer project and will feature recent graduates along with older women. It will include women who entered college from high school, along with those who returned to school in a retraining program, Ms. Hilyer said.

It will be aimed at interested young women and women who have been in the work force and decided to return to school.

An example of the usefulness of the booklet is to women who worked in such jobs as clerks after high school and have become dissatisfied with their jobs.

They will now have information available to them about other jobs that might interest them and the booklet will show them that colleges can provide training for these jobs.

Time priorities seminar topic

An evening seminar on management of time to help people establish time priorities will be held at the Welland Vale campus, St. Catharines, April 20.

The seminar will include topics such as symptoms and errors of ineffective management of time, a film, The Time of Your Life, and telephone techniques. Arnot P. McIntee, dean of school of business, has been selected seminar leader.

Those interested are urged to register immediately as attendance is limited. The \$10 registration fee may be made payable to the St. Catharines and District Chamber of Commerce, 132 King St. The deadline is April 14.

The seminar will begin at 7:30 p.m. in room 223, 59 Welland Vale Rd., St. Catharines, and will end with a wine and cheese party at 9:30 p.m.

LIFESTYLES

Retirement

Sabbatical

Tidbits of history in 3-minute scripts

By EDDI VENTRESCA

Brian Green will be leaving his teaching position at the college to travel throughout Ontario collecting historical information as part of a one-year sabbatical beginning in September.

Mr. Green, an English instructor, plans to collect "interesting, unique, unusual and historical tidbits from the province" and produce 52 three-minute scripts dramatizing the history of the province. He also plans to produce more programs in the Up Your Grammar series and to work with other community college English departments.

He will make the scripts available to high schools, colleges, universities, television and radio stations. A radio station could run one program per week for a year.

Mr. Green applied for a wintario grant to finance his history project. Wintario will match whatever he is able to raise on his own. The college will pay him 55 per cent of his salary and will donate studio time. Mr. Green will approach the Royal Bank and other institutions for support.

Forty-thousand dollars is what Mr. Green hopes to get in total, but he said he will be happy with whatever he gets. With the money, he will be able to hire researchers and actors to provide voices for the tapes.

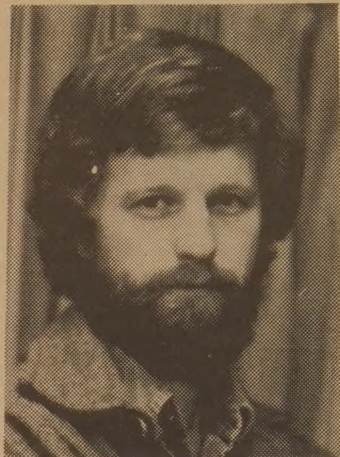
ON HIS OWN

If he does get the grant, he will not have the money until the winter. Until then, he will be on his own.

Mr. Green will also work in liaison with the English departments of other community colleges in Ontario to share information and material that could benefit others. He wants to produce a newsletter or magazine to circulate among community college English departments.

Peter Muller, English instructor at Humber College, provided the groundwork for the project and Mr. Green will work with him to get information and contacts.

The third project planned during his sabbatical is to continue



BRIAN GREEN

the series of videotapes called Up Your Grammar. The English department has five 10-minute shows and he would like to produce another five.

"The response to Up Your Grammar has been pretty good and I would like to continue it," Mr. Green said.

The purpose of the sabbatical is to upgrade himself and make himself a better teacher, he said. He said it was a good idea and the college should encourage it. It gives instructors a chance to refresh their memory and learn new teaching techniques, while doing work related to their field.

CAN BECOME STALE

"After teaching the same material every year, you could go stale and become dull," Mr. Green said. "All the things I will be doing relate to what I'm doing here."

"I may have bitten off more than I can chew but I will try to do everything."

Mr. Green has been asked to do summer replacement work for the CBC, and Holt, Reinhart and Winston publishing company has asked him to write a textbook. He had to refuse because the sabbatical comes first, and he does not have the time.

Mr. Green teaches mass media, research techniques for radio, and English courses for radio and TV students. He works part-time for CHOW radio in Welland.

New course not dull

Pleasantly surprised is what Eugene Maltais described himself when he started to teach a new elective course this January.

The course, Canadian Personalities, "turned out to be exciting, interesting, and fun," Mr. Maltais said.

George Blazetich, chairman of liberal studies, thought of the course and asked Mr. Maltais to teach it.

"I thought it would be dull," said Mr. Maltais.

The seminar course involves each student doing two seminars on two Canadian personalities and then handing in an essay on each. The students are evaluated by the quality of the oral presentation, the written assignment and participation in class.

Criteria for topics are 20th century Canadians who did a significant part of their work in Canada. The personalities chosen have represented walks of life from sports and politics to church and entertainment.

Mr. Maltais feels the course is a success for two reasons — the quality of the students and the personalities studied.

"This course seems to draw the most lively and inquisitive students from the various programs," said Mr. Maltais. Most of the students taking the elective are from the school of applied arts.

Mr. Maltais said people who want challenge would take the course. "They probably do more work here than in other courses," he said. He cited the example of a library technician student who, in presenting the celebrated painter, Cornelius Krieghoff, went to extensive lengths to tell the students about him through oral and visual aids.

Mr. Maltais said the class has an "extra quality made by enthusiasm of the students through comradeship, fellowship and scholarship."

So far the seminars have dealt with personalities such as Norman Bethune, the surgeon revered by communist China; William Kurelek, a painter with a collection in Niagara Falls; Peter Verigan, the controversial Doukhobour leader, and Howie Morenz, the famous hockey player from Mitchell, Ont.

Mr. Maltais expects to be teaching the elective again next January.

Hay bailing out to greener pastures

By CHERYL GARD

George Hay doesn't want to retire just to play golf — he feels he still has a contribution to make.

Mr. Hay, human relations instructor at the college for the last 10 years, will retire from full-time teaching at the end of this term. However, he plans to teach human relations six hours a week at the horticulture division during the fall term, a prospect which he is "thrilled about".

During the winter term there is a "good possibility" that he will teach psychology part-time at a community college in Bermuda. Mr. Hay and his wife have been to Bermuda four times in the last two years and Mr. Hay is very proud of his contacts with the black community there.

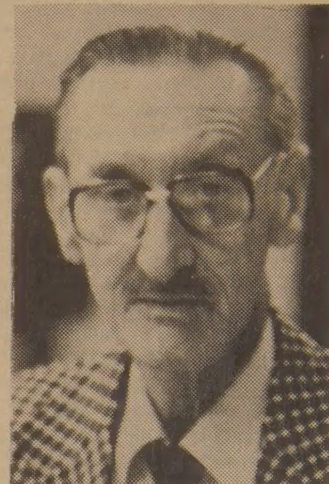
Mr. Hay originally studied engineering at the University of Toronto, but when the depression came along he had to drop out after two years. During World War II he taught survey math to the Royal Canadian Artillery. This experience changed his life.

RELATED WELL

In his final year in the army Mr. Hay became education officer and was assigned to the detention barracks. Although he had no training, he found that he related well to the offenders and that he liked that kind of work.

After he got out of the army Mr. Hay went back to the University of Toronto for five years, where he got his MA in psychology and his Bachelor of Social Work.

Mr. Hay spent four years as staff psychiatrist with the department of reform institutions in Brampton (now the department of corrections) where he worked with young men 16 to 25. When he left he felt like "a traitor", but administrative difficulties made the move necessary.



GEORGE HAY

Following this he taught psychology and human relations at Ryerson for 2½ years, but found the teaching load too demanding.

For the next 10 years Mr. Hay worked for the Department of Health at mental health clinics in Thunder Bay and St. Catharines.

Mr. Hay joined the staff of Niagara College in 1968 when the college opened.

Questioned about today's educational system, Mr. Hay said it places too much emphasis on academics and not enough on individual feelings. He feels that one of the biggest problems in the working field is the level of human relationships.

"Education should be a preparation for all aspects of life, including marriage and children. You must develop as a person, not a computer."

Mr. Hay said he wishes he could say there is a trend towards this type of education, but he doesn't really see much evidence of this.

Mr. Hay and his wife Grace live at 3 Winston Rd., in St. Catharines. They have one son, Murray, who lives with his wife and daughters, Danielle, 10, and Camille, 8, in Ottawa.

Hort. Ottawa trip a flowering success

"One hell of a good trip" is how Peter Mansfield, horticultural co-ordinator, described an Ottawa field trip involving 36 first-year horticultural students.

The students, under the supervision of Mr. Mansfield and Don Papple, horticulture instructor, left for Ottawa on March 29 for a three-day tour of various sites concerned with horticulture.

Included on the trip was a tour of the horticultural facilities at Government House, the greenhouses of Carleton University, and the Provincial Tree Nursery.

Highlights of the trip included a tour of "the finest insect collection in the world" at the Entomology Research Institute Laboratories, a lecture on cloning and a tour of one of the largest greenhouses in North America — Fine's Flowers and Greenhouses of Ottawa.

"The purpose of the trip," Mr. Mansfield said, "was to broaden horizons in horticulture. It

wasn't a note-taking trip where you come back and write a test."

Mr. Mansfield said the general consensus of the students was that the trip had been very worthwhile.

"We are very mobile," he said. "We get to Hamilton, Toronto, Guelph and also visit the area nurseries. We have an outing at least once a week."

Next year Mr. Mansfield said, the second-year students will be taking a trip to the United States, including a tour of the New York Botanical Gardens and the Brooklyn Botanical Gardens. A side trip to Longwood Gardens in Philadelphia and to the "largest rose growers in North America" at Connard-Pyle will be included.

LAST EDITION

The last edition of the Niagara News for this academic term will be published Monday, April 24.

N.C. student doubles as 4-H Club artist

Robin Warner, general college student, has agreed to do artwork for the Enthusiast, newsletter for the 4-H Club and Junior Farmers Associations of Ontario.

Miss Warner, 21, will be doing artwork, including caricatures, sketches, and lettering for the Enthusiast. The newsletter is sent every two months to Junior Farmers and 4-H members across Ontario, and in many states as well.

Miss Warner plans to work from her home at R.R. 1, Vineland, although the newsletter office is in Toronto.

Janet Whitehead, newsletter editor, asked Miss Warner to do

artwork for the Enthusiast in March after seeing some of her work.

"I was really pleased and surprised when she asked me," Miss Warner said.

Miss Warner does artwork for the North Niagara Junior Farmers' newsletter. She has been a member of that association for four years, and is taking a correspondence course from an art instruction school in Minnesota.

Miss Warner said she hopes to enroll in the journalism program at Niagara College in September, and "couple artwork with journalism."

Spring Formal ticket sales soar

Tickets for the Spring Formal April 14 are selling well at the Student Administrative Council (SAC) office. Attendance is limited to 500 people.

The formal, to be held at the Italian Mutual Benefit Society Hall, 223 Bell St., Port Colborne, features the band Spartan and an all-you-can-eat Italian buffet.

Tickets are \$5 each, and are available at the SAC office, Me 101, along with directions to the hall.

SPORTS

Jogging

Tennis

Jogging for health calls for fitness, doctors advise prospective runners

By TOM POWELL

Jogging can be beneficial to health, but only to a person who is properly conditioned. Otherwise the jogger runs the risk of heart disease and the chance of blood clots being jarred loose and lodging in the heart, lungs or brain.

Many doctors and athletes agree with this statement by an Indiana doctor.

Dr. Doug Lewis, Niagara College physician, advises anyone considering jogging to get a physical examination and, if more than 40, an electrocardiogram as well.

A doctor in Hawaii who advocates marathon running for health has an ominous word about the dangers of heart attacks: the first symptom, Dr. Jack Schaff said, is often sudden death.

At Niagara College, Fred Bassi, athletic assistant, and Ken Eller hope to start a jogging club next term. "Running is no more hazardous than any other sport," Mr. Eller said, "as long as you don't overdo it."

Dr. Lewis said, "If you are serious about jogging, get an examination, it gives you a baseline to build up on."

START GRADUALLY

Unless you are in good physical shape, the doctor recommends going at it gradually to begin with.

"I usually tell people to start



Are they jogging for health or is it dangerous? (Photo by Ploner)

jogging and to continue until they feel comfortable," he says. "It can be any distance, however short."

Many people begin to jog with the thoughts of rapid weight loss and instant good health. Dr. Lewis warns that this is a misconception and that it is not so easy to lose weight by running.

"It is fat, not water, you want to lose," Dr. Lewis said. "All the water you lose through jogging will be replaced."

Over an extended period weight loss through jogging is possible but Dr. Lewis also warns against any methods that try to quicken the process. "Wearing plastic, like garbage bags, is potentially dangerous. It

is possible for you to lose too much sodium."

Mr. Bassi and Mr. Eller, co-ordinator for technical mathematics, are both avid runners and hope to organize a club at the college next term. Like Dr. Lewis, both Mr. Bassi and Mr. Eller subscribe to good physical conditioning through proper training methods.

"If you are 220 pounds, eat like a pig and drink like a lush, there is a good chance you'll drop dead," Mr. Bassi said.

DON'T OVERDO

"There is quite a difference between being in shape and not being in shape," Mr. Eller said. "You should never overdo it."

A good example of this, Mr. Eller said, is the first snowfall of

the year. Men who are older and out of shape try to shovel a whole driveway at full speed and wind up having a heart attack. "Right away you have a snowfall being blamed for seven or eight deaths," Mr. Eller said.

In an article in Sports Illustrated in February concerning jogging and heart disease, Dr. Schaff makes a bold guarantee that "If you run marathons and don't smoke, it is absolutely impossible to have a heart attack."

He also recommends, as all runners do, a proper outfit, a good tracksuit and a comfortable pair of running shoes which provide good support.

For women joggers Dr. Schaff advises running with a bathing suit top instead of a bra. The bra may cut off proper circulation because of the arm action and cause fingers to swell.

MAY WEAKEN MUSCLES

Above all, Dr. Schaff tells his runners never, under any circumstances to, "run injured." Three to four times a week is more than enough for anyone to jog. Skeletal muscles take more than 24 hours to replenish glycogen, the fuel used for endurance running. If you begin running every day you can get yourself into a situation in which you're using up more muscle glycogen than you're replacing. You go on a long decline to where running is a pain and eventually you're injured."

NC courts opening to raise a racquet

By MARGARET BOYD

Now the warm weather approaches, and winter indoor tennis is moving outdoors to Niagara College. In co-operation with the Sherwood Activity centre and William Dambraskas, Niagara College's three tennis courts will be open this summer to the public.

Mr. Dambraskas said registration for summer memberships will be April 22 at the college. The fees are \$35 for families, \$25 for seniors, \$15 for juniors (12-16 years) and \$5 for children under 12. Mr. Dambraskas said the program will open May 1.

Niagara College will run two one-month instructional courses in May and June. The course is free for Niagara students. Classes are Monday and Wednesday nights from 6:30 to 8:30 in May and Tuesday and Thursday nights in June. Instructors are

Fred Bassi of Niagara College and Harold (Dutchie) Doerr of the Welland Tennis Club.

The Sherwood Activity centre provides recreation for the area from Thorold Road to Rice Road, east of the canal, and up to Quaker Road to the north. The tennis facilities at Niagara College have been offered for the last three years. The advantage of the program is the low cost of memberships. There will be no tennis tournaments and the program is strictly recreational.

Peter Rylander, athletic director of Niagara College, said it was too expensive to rent indoor courts during the winter.

The summer tennis program offered through the Sherwood Activity centre is free to Niagara College students during May and June; after June students will have to pay membership fees.

Welland, and at the main campus of Niagara College. The course will include instruction in technique, handling, delivery, etiquette and scoring and will run on Thursdays, May 4 to June 8, from 9 p.m. to 11 p.m. Mr. Burke may be reached at 732-3472.

Yoga, the ancient art of uniting mind and body, will be taught by Joy Wilson of Niagara Falls

Consumer education for drug store shoppers, an athletic injuries clinic and a clinical practice course are a few of the spring term courses offered by health sciences, continuing education division.

Seven courses, scheduled to start on May 1 and open for registration until April 20, are divided into courses for health professionals and for people interested in health related topics, Al Chanady, in charge of continuing education, said.

The three courses open to the general public are the athletic injuries clinic, consumerism in the drug store and cardiopulmonary resuscitation, a course in life support.

When people go to the drug store, they don't have a clue

which one of the products will do the best job, he said. Consumerism in the drug store's purpose is to arouse people's attention to this and other problems.

The course, he said, would teach prevention of and the proper therapy for injuries.

"Most coaches don't have the foggiest idea of what to do with injuries," he said, speaking about the athletic injuries clinic.

Mr. Chanady encouraged women to attend the athletic injuries clinic.

"I hope women come out," he said. "They play as hard as men."

Other courses offered are clinical practice, clinical lab management, gerontological nursing care for RNA's or nursing care for the elderly, and sexuality and the mentally handicapped.

Seven courses offered by NC Health Sciences

Spring courses to build beautiful bodies

Niagara College is offering people a chance to shape up.

Ten-pin bowling, yoga, jiu-jitsu and introductory and advanced judo will be offered by the Applied Arts Community Education extension division in the spring term.

Douglas Burke, instructor for 10-pin bowling, will be conducting his course at Bowl-O-Rama,

on Mondays, from 7 p.m. to 9 p.m. The course runs 10 weeks from May 1 to July 3. Ms. Wilson may be called at 358-8077.

Vincent Viele of Niagara Falls will give instructions in the oldest martial art, jiu-jitsu. Mr. Viele's course is offered on Thursdays, May 4 to July 6, 8 p.m. to 10 p.m. He said women are welcome.

Introductory and advanced judo courses will be taught by Marsha Charlebois. Advanced judo students will be assisting beginners to complete the first level belt. Introductory judo will be offered on Wednesdays, May 3 to July 5, from 8 p.m. to 10 p.m., and advanced judo will be offered on Thursdays, May 4 to July 6, 8 p.m. to 10 p.m.

Jogging: a run for your life

By MARY KOZIELLO

Are you sluggish and depressed? Can you feel an extra roll of fat around your waist? If your answer to these questions is yes, you are definitely out of shape.

The cure-all to these problems is jogging — at least that's my opinion. It is the most perfect form of exercise. The only requirements are a good pair of jogging shoes and a running surface.

Most Canadians live a sedentary lifestyle. Many of us go to school or work in offices. For the largest part of the day, we are seated. This inactivity is what prompted me to take up jogging.

After a week of daily jogging for half hour sessions you become addicted. A sense of euphoria is experienced. Not only is your energy level increased but you are in a better frame of mind.

As you run in and out-of-doors, the fresh air fills your lungs, and an increase of oxygen is being supplied to your body cells.

If you are self-conscious about the staring passerby, jog either early in the morning or late at night.

TENSION LEAVES

In your solitude you are at peace with the world. Mental and physical tension leave your body.

You become a tranquil person. Surprisingly enough you may require less sleep and still be able to function properly during the day.

You might not see immediate results on the scale but you will feel your clothes becoming looser. As you firm up, your body fat is converted into muscle which accounts for this weight.

A check-up with your doctor is recommended if you have never jogged before, and are really out of shape.

Wear something comfortable when you jog, perhaps a pair of jeans and a sweatshirt. Also, go at an easy pace. Beginners should alternate jogging with walking to prevent exhaustion. When you feel up to it increase your speed. Jog everyday if possible. Remember that you're jogging to increase your lifetime.

Lost pounds make cents for Fund

The Canadian Heart fund gained the weight lost by Ontario Weight Watchers in the month of February.

The gain the fund received was a pledge of 10 cents for every pound lost.

In 28 days, the Weight Watchers lost a total of 60,000 pounds. Jean Nidetch presented the Fund with a cheque for \$6,000 March 21.

SPORTS

Boxing

Bowling

Ontario boxing championships

Bassi a contending figure

By JEFF TAIT

Fred Bassi, athletic assistant at Niagara College, is ready for a fight.

Bassi has been training since March 6 for the Ontario Intermediate and Senior Boxing Championships which are taking place Saturday and Sunday, April 15 and 16, at the Welland arena.

Bassi is one of the top contenders in the tournaments' heavy-weight division and he says he is confident he can become the new Ontario senior boxing champion. The senior division is for boxers 20 years or older and the intermediate division is for boxers 17 to 19 years old.

In intermediate and senior divisions, boxers are divided into 11 different weight categories which run from flyweight, up to 112 pounds, to heavyweight, more than 178 pounds.

Each match consists of three, three-minute rounds and follow Olympic rules. The competition is single elimination so if a boxer loses a fight, he is out of the tournament.

TOUGHEST COMPETITION

Bassi said his toughest competition will come from Mike Doyle, the Ontario champion who comes from Toronto.

To win, Bassi says he must change his strategy by forcing his opponent more. "If I just sit back and counterpunch every time I'm hit, I'm likely to lose the decision because the other guy looks busier."

Preparing for the fight is an important factor on how a fighter will do, he said.

His training consists of running, skipping, sit-ups, working out with punching bags and taking 25 shots in the stomach from a medicine ball five times a week.

Bassi first took an interest in boxing when he was 19, while attending Boston University. "I used to go into the city and box on amateur night. In my four fights I went undefeated," he said.

OFF FOR 10 YEARS

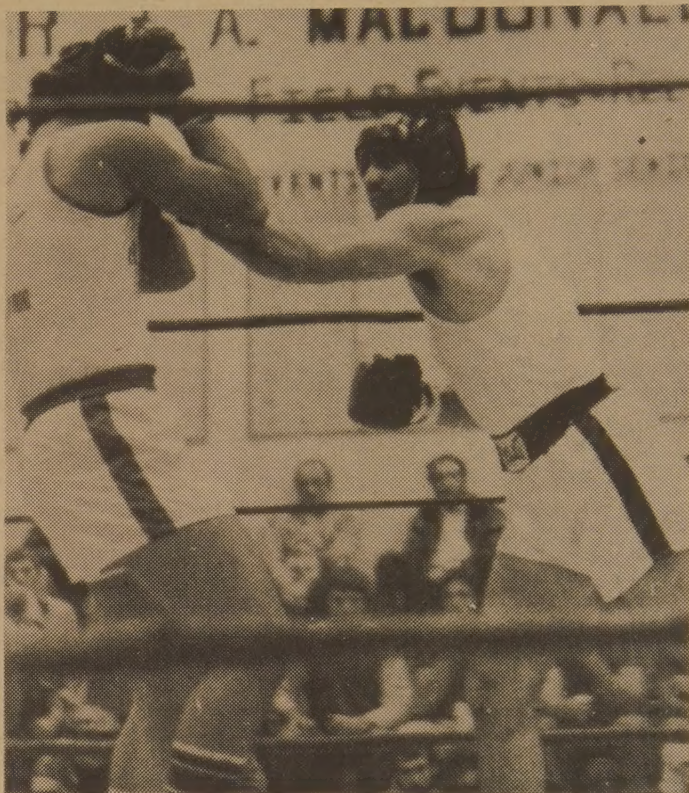
After a 10-year layoff from boxing, the 32-year-old Bassi said he started boxing again at the age of 29 and has been boxing competitively ever since.

New chairman now in charge of IEEE

Greg Ostryhon, second-year power technology, Wainfleet, has been elected chairman of the Institute of Electrical and Electronics Engineers (IEEE). Greg will head the new executive elected by the membership.

Other officers are vice-chairman, Pacifico Cecchetti, second year power technology, St. Catharines; secretary, John Murray, first-year technology, Welland, and treasurer, Ray Jasper, second-year power technology, Welland.

The new executive assumes its responsibilities immediately.



Fred Bassi, athletic assistant, throws left at Brian Nero.

Asked if he planned to continue boxing after the Ontario championships, Bassi said: "If I win, I'll go to the Canadian Senior Boxing Championships in Quebec, but after that nothing definite."

He said he hoped the fights would be well attended. "People should come out to see it. There are going to be an estimated 150

boxers there, including many former Ontario and Canadian champions participating. It will be good entertainment."

Bassi said if anyone is interested in tickets they should see him at his office at the gym. A \$5 ticket is good for two complete shows of boxing on Saturday and the finals on Sunday, he said.

OPSEU plans trip

A trip to Toronto is being planned by the Ontario Public Service Employees Union, Local 242, support staff, April 15. The bus will leave for Square One, Mississauga, at 9 a.m. from the automotive centre, Pen Centre,

and return at 5 p.m. friends and spouses are welcome, and the cost is \$3.

For more information, contact Joanne Stubbins in duplicating or Brian McKeown in media services.

Pins starting to fall for tourney rookie

By ROBERT BRODIE

Bowling for Dollars, a game to have on Channel 2, was popular because common people got to look like stars on TV. For Marc Baronette, a Niagara College student, Bowling for Dollars has an entirely different meaning.

Marc, 18, of 77 Bayview Dr., St. Catharines, is a professional five-pin bowler. "But professional doesn't mean the same thing in bowling as it does in hockey," he said.

Marc, a construction engineering technology student, is a rookie on the Youth Bowling Council (YBC) Majors tour, which holds one tournament per month.

"They have tournaments all over the place, like Barrie, Peterborough, and Toronto," he said. "The top prize varies, depending on the number of entries."

Marc won the last tournament, held at Peterborough three weeks ago. It was his first victory ever. He has previously finished second twice.

"I had a five game total of 1,594, or a 318 average," he said. "First prize was \$200 for that tournament, which had a little short of 300 entries."

Marc has an average of 251 in the YBC tournaments. "However, I still feel you have to bowl above your average to win, though."

He prefers to bowl singles rather than doubles. "In doubles, if the other person does bad, you lose and end up blaming him. However, if I'm bowling alone, it is my fault if I do bad. If I fail I fail, and I don't have to blame anyone else."

Marc, who has bowled since he was 12, has played in a league for four years at the Pla-mor bowling centre in Port Dalhousie.

"I started out by working at the bowling centre for nine years, setting up pins at first," he said. "Eventually, I moved up to being a part-time manager."

Marc, who considers himself a "self-taught" bowler, said it was at the centre that he first took a keen interest in the game.

"I was able to pick up the game on my own by watching other bowlers. The YBC did have instructors there to help if you had problems, but I sort of developed my own style."

Marc said the centre runs a professional bowling league as well. "I couldn't get into it since you have to be 18 to join. But I'm pretty sure I'll get in next year."

He also competed in the 1977 Ontario Winter Games, which were held in North Bay.

FIVE PIN HARDER

Marc said he feels that five-pin bowling is harder than 10-pin. "Basically, that is because you have less pins to shoot at."

He said he has found that the best method to use is spot-bowling. "Nine out of 10 pros use it for more accuracy. You line up your shots by using the markings on the floor, not by looking at the pins, which most people do."

"I also like to vary ball speeds. I usually throw the first ball relatively fast, but slow down on the next two, if I need them. The speed I used would depend on the pins left standing."

Marc said he like five-pin bowling the best. "I have tried 10-pin, but I couldn't get into it. Some people can do both equally well, but the difference in the weight of the balls makes it difficult."

The St. Catharines native said that some exercise is necessary to keep in shape for bowling. "I do a few situps, but I don't think it is necessary to run long distances to keep in shape."

Electronic technician — he's on the run

By ROBERT BRODIE

Jogging for fun may be a great way to keep in shape for some people, but to Mark Lowe, a Niagara College student, it is a serious business.

Mark, 19, who is in the second term of the electronic technician program, said he has run competitively since Grade 8.

"I started by competing in those meets between Grade 7 and 8 schools," Mr. Lowe said. "I always ran the same distances, 400 metres and up, at Maple Street school."

Mark, who lives at 5082 St. Lawrence Ave., Niagara Falls, said he continued to compete all through high school, while attending Niagara Falls Collegiate (NFCVI).

"I ran in the Zone and SOSSA (Southern Ontario Secondary School Association) meets in Grade 9, and kept on competing until I finished high school." He said his highest achievement was competing in the 800 metres event at the All-Ontario high school championships in 1976 and 1977.



MARK LOWE

Mr. Lowe said he also competed in other meets that were not inter-scholastic events.

"I competed in the Ontario Junior Championships and the Ontario Senior Championships. I also ran in Super Meet '77, which was held in Sudbury for juniors."

Mark says his specialties are the 400, 800, and 1,500 metre events. These are the ones that I mostly run in competition. However, I do run some other distances for fun or training."

"My best time in the 400 is 52 seconds," Mark said. "I have run the 800 in 1:57.1, and the 1,500 in 4:06.3."

Mark said he tries to keep up a steady rate of training each week. "I try to keep up about 40 miles per week. I do this by running 100's, 200's and 400's."

During one practice, I had to run 15 400's in a 60-second pace, with 30 seconds of rest in between each one," he said. "This was one of the hardest practices I had ever done."

Mark now runs for the Niagara Falls Optimists, a track club run by the city's Optimist Club. It has about 100 members.

COMPETE ALL YEAR

"The Optimist Club sponsors us and pays for our transportation to all the meets," Mark said. "We compete all year round, indoors and outdoors. We also compete in cross-country and road racing events."

Mark said anyone more than eight years old can join the club and compete at the various meets. "Everyone gets to compete. Even the eight-year-olds

have had two or three indoor meets."

Mark said he received the most help from Earl Church, whose wife, Erika, is an English instructor here at the college.

"He first helped me at high school, where he is a gym teacher," Mark said. "He is still my coach."

Mark said he patterns himself after Tom Lobsinger, a Canadian runner who runs in the 800 and 1500 metre races.

"Most people have never heard of him," Mark said. "He won the 1500 in the 1977 Canada Games, and finished second after a dead heat in the 800."

Mark said running is something you must like if you want to succeed in it.

"It takes a lot of time and hard work," he said. "You have to put in a lot of practice time, or you will be sick and sore when you compete."

Mark just competed in the Toronto Spring Races on April 1. He finished 33rd out of a field of 70 entrants, with a time of 32:24 for the 5 1/4 mile event.



This is not a real accident. It was staged by ambulance and emergency care students as practical training for their program. This demonstration occurred Wednesday, March 29, but Alexandra Fic, social sciences instructor, says a real accident could happen if cars continue to race up and down the parking lot. Cars have been seen speeding in the parking lots and if this continues the students could have a real accident as training for their course. (Photo by Smith)

Simulated accident: emergency care

By BETH RUSTIGE

Flashing red lights...ambulance attendants...a car mounted on a curb. A major catastrophe in a Niagara College parking lot? No, a simulation by the ambulance and emergency care course to provide students with practical training in their field.

It could have been real though — and maybe all too soon if students continue to "drive like madmen" in the college parking lots.

Alexandra Fic, social sciences teacher, saw two cars speeding from the parking area in front of the Voyageur block on that same day, March 29.

"They were really speeding," Mrs. Fic said. "They were trying to overtake each other all the way up the entrance ramp, and didn't stop at the stop sign. They continued to speed towards Woodlawn."

"It was a cheap thrill," she said. She could see them laughing, so she knew it was not a serious matter to them.

"Someone very innocent could have been hurt," Mrs. Fic said. At times the cars were side by side as they tried to overtake

each other. Any oncoming car would have been the victim of a serious accident.

She said that an effort should be made to discipline such students. She does not advocate police patrol on the campus, but insists that something should be done.

"I didn't see who it was," Mrs. Fic said. "It all happened so fast."

Although the accident in parking area B was only a simulation, Mrs. Fic's example shows a need for emergency facilities.

Jennifer Cormier, co-ordinator of the ambulance program, said she was sorry if they scared anyone, but it is about time people realized there is an ambulance and emergency care course at the college.

"It is a realistic way of having students learn, and we hope to stage more in the future," she said.

The nine-month course is a required course by the ministry of health for all new ambulance employees. There are 11 men and one woman in the course this year.

Dental patients required for free check-ups

Patients are required by Niagara College Dental Hygiene students, for the months of April, May and June.

Administering check-ups, free of charge, is part of the dental hygiene students' extension program in preparation for the provincial examinations.

The college's dental hygiene clinic gives x-rays, calcium deposit detection, scaling and polishing of teeth and instruction on oral hygiene to interested patients. The clinic is open to the public 4½ days a week. Patients will be screen tested by a supervising dentist and hygienist.

Anyone interested in being a patient should contact Lillian Roberts, clinical technician, 735-2211, extension 442.

Three-year design course opens up North America

A three-year program will open up all of North America to interior design graduates, Paul Firlotte, co-ordinator of interior design, said.

The three-year-course, to start in September, will run with the two-year course, which will still be offered. Plans to start the course were approved at the March 23 board meeting.

Graduates from the two-year program will receive a certificate as interior design aids or for residential design, which is gaining in popularity.

The three-year course will deal with the emerging aspects of commercial and institutional contemporary design and also prepare the student to work with contractors, architects, and engineers.

National Council of Interior Design qualification examinations are held at Canadian and American universities. Part oral and part written, they are stan-

dardized throughout North America.

The two-year graduate would have no hope of passing these examinations, Mr. Firlotte said. For this reason it is essential that Niagara College offer a three-year course. The third year student will receive an associate interior design certificate and will qualify to write the exam.

Mr. Firlotte predicted about 15 to 20 students would apply for the three-year course, including second year and previous year's graduates.

An additional full time instructor and a part time instructor for about 10 hours a week will be necessary, Mr. Firlotte said. Drawing boards, work stations, supplies, and specialized equipment will also be needed.

Additional space for the course is being sought, preferably on the Welland campus, Mr. Firlotte said.

St. Kitt's man works in oil fields

By PETER EPP

Working an 18-hour-day in the land of the midnight sun isn't always easy. Gord Cunningham should know after working in the Alberta oil fields for six months.

"Once you get the hang of it, there's no problem but it really is hard work," said the 19-year-old St. Catharines man.

Gord was hired by Crown Well Servicing in Edmonton with a starting wage of \$6 an hour, including a paid motel room and \$6-a-day living expenses.

While working an average of 14 hours a day, seven days a week, Gord said he put 20 pounds on his 130-pound frame.

Gord left St. Catharines last June with a friend, a few weeks after graduating from secondary school. "It took us 2½ days to hitch-hike to Alberta."

The pair sought employment in Medicine Hat, but found that they had to belong to a union for

the many construction jobs available.

They went to Calgary but didn't look for a job there. Instead they went to the Stampede and "bummed around a bit."

Once they got to Edmonton it was a matter of days before they each got suitable jobs.

"In Edmonton it's easier to get a job because you're closer to the oil fields and because the companies all have hiring offices located in one industrial area," Gord said.

"My advice is to look up the rig companies and leave a phone number and phone back often," Gord said. "You must have phone numbers to give them if you want a job."

Gord said the best time to look for a job is Monday morning since some men don't return to work from their weekend holiday.

There are plenty of good jobs available. "Restaurants, stores, and places that are swamped with applications in St. Catharines always have plenty of openings in Alberta. But the cost of living out there is really high so it wouldn't be worth it."

Gord eventually worked at two other companies besides Crown Well Servicing. He worked at Challenger Drilling and Petro-Chem Well Servicing. "When I came back from holidays, I got another job within a half hour but only because I was experienced."

Gord is now back in St. Catharines with a broken leg.

"It wasn't a dangerous job or anything; it was just a stupid thing that happened. I just slipped and broke my leg."

Gord expects to be back in the oil fields as soon as his leg is better.

Solar energy course repeated: practical models constructed

Solar energy is a "genuine issue with the increase in the shortage of fossil fuels, and there is a desirability to get away from other sources," Douglas Campbell, chairman of extension for technology, says.

Practical applications for solar energy will be offered by Mr. Campbell's extension division in the upcoming spring term. The course will be taught by Richard Higgins of Hamilton.

Mr. Higgins owns Solarfin products in Hamilton, and was contacted to teach the course by Bert Mills, a mechanical engineering instructor at Niagara College. Mr. Higgins also teaches the course at Mohawk College to architectural design students.

"The course is a repeat of the first term, on the basis of full enrolment," Mr. Campbell said.

Mr. Higgins' course will be offered every Saturday, May 6 to June 6, from 9 a.m. to 12 noon and continuing in the afternoon from 1 p.m. to 4 p.m. The course will be a full day of activity with theory in the morning and workshops in the afternoon. The theory includes such topics as the impact of the energy crisis, practical uses of solar energy and economical designs.

During the workshops students will supply their own materials and be supervised in the assembly of such projects as solar collectors.

A greenhouse, Mr. Campbell said, is one form of a solar energy collector in which the tempera-

ture inside the building has been increased by 20 degrees Celsius. Solar collectors can run from simple greenhouses to complex solar furnaces. He said a sophisticated and costly solar collector can increase the temperature by 50 degrees.

"Most people who take the course want to heat their own greenhouses or swimming pools," Mr. Campbell said. He said they want to have a "do-it-yourself" method of constructing solar devices.

Mr. Campbell said the solar energy course is relatively new, and has been evolved through awareness of the energy crisis. He said solar energy courses have been offered at Brock University.

Mr. Campbell said it is "fashionable" to take a solar energy course, but he said he hopes it is more than just a fad. He said Niagara College will do its part in spreading information on alternative energy sources by offering such a course as solar energy applications. For more information on the solar energy course contact Mr. Campbell at 735-2211, extension 220.

History students view rare film

By MARGARET FLAXY

Cheers, marches, speeches, parades and strains of Germany's national anthem filled the Hamilton room while students watched a college premiere of the German Nazi film *Triumph of the Will* March 28.

In the past 30 years only select audiences have been permitted to view this film, George Blazetich, chairman of liberal studies, said. *Triumph of the Will* is not shown in theatres or on television documentaries. He obtained the film — one of two available in Canada — to present to modern history students.

The historical aspects of the film are "inconsequential," it does not enlighten anybody about German history, but "it is an excellent example of the propaganda film as a form of art," Mr. Blazetich said.

In 1934 Adolf Hitler, worried about adverse publicity from foreign journalists, commissioned Lenie Riefenstahl, actress and director, to produce a commemorative documentary about the supremacy of the German nation.

Riefenstahl produced this film glorifying Germany during the 1934 Party Day Congress in Nuremberg. It contains speeches

from several Nazi leaders and portrays Hitler as leader of Germany. Parades, happy faces, men and women working and a general view of prosperity are evident in Germany. No signs of discontent, concentration camps, oppression or brutality are shown in this film.

The film received the May Day cultural achievement award for the best film of the year in 1934 and a gold medal at the 1937 World Exhibition in Paris for its "artistry."

Students from journalism, general college, radio and television programs saw the film.